

Naked Blendz Nutritional Informational Panels

Directions: Fill the cup with water to the line making a total volume of 500ml

Berrylicious		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 500g		
	Average Quantity per Serving	Average Quantity per 100g
ENERGY	600.92kJ	120.18kJ
PROTEIN	2.06g	0.41g
FAT, TOTAL	0.39g	0.08g
- SATURATED	0.04g	0.01g
CARBOHYDRATE	14.5g	2.9g
- SUGARS	22.76g	4.55g
SODIUM	3.68g	0.74g

Ingredients: Water, Banana, Apple, Strawberry, Blueberry, Raspberry, Blackberry, Acai

Tropical		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 500g		
	Average Quantity per Serving	Average Quantity per 100g
ENERGY	670.33kJ	134.07kJ
PROTEIN	2.09g	0.42g
FAT, TOTAL	3.22g	0.64g
- SATURATED	2.56g	0.51g
CARBOHYDRATE	27.09g	5.42g
- SUGARS	22.99g	4.6g
SODIUM	3.96mg	0.79mg

Ingredients: Water, Banana, Mango, Pineapple, Pear, Coconut.

Super Green		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 500g		
	Average Quantity per Serving	Average Quantity per 100g
ENERGY	483.49kJ	96.7kJ
PROTEIN	2.14g	0.43g
FAT, TOTAL	0.95g	0.19g
- SATURATED	0.3g	0.06g
CARBOHYDRATE	21.14g	4.23g
- SUGARS	20.66g	4.13g
SODIUM	28.7mg	5.74mg

Ingredients: Water, Pear, Pineapple, Mango, Spinach, Hemp Seeds

Choc Protein		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 500g		
	Average Quantity per Serving	Average Quantity per 100g
ENERGY	1714.23kJ	342.85kJ
PROTEIN	25.68g	5.14g
FAT, TOTAL	11.75g	2.35g
- SATURATED	6.49g	1.3g
CARBOHYDRATE	45.39g	9.08g
- SUGARS	22.17g	4.43g
SODIUM	130.14mg	26.03mg

Ingredients: Water, Banana, Milk Powder, Oats, Cocoa, Whey Protein Concentrate.
Contains **Milk** and **Oats**

Cinnamon Walnut		
NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 500g		
	Average Quantity per Serving	Average Quantity per 100g
ENERGY	1849.49kJ	369.9kJ
PROTEIN	15.16g	3.03g
FAT, TOTAL	25.23g	5.05g
- SATURATED	7.72g	1.54g
CARBOHYDRATE	34.84g	6.97g
- SUGARS	27.91g	5.58g
SODIUM	124.35mg	24.87mg

Ingredients: Water, Banana, Milk Powder, Walnuts, Cinnamon
Contains **Milk** and **Walnuts**